

Tays

Bronchoscopy

Bronchoscopy is performed under local anaesthetic by means of a flexible tube with a camera at the end that allows the examination of the bronchi. In connection with the examination, it is possible to take samples from the mucous secretion of the bronchi and small tissue biopsies from the bronchi and lungs.

We ask all our patients for bronchoscopy to arrive during the morning hours. The time provided in the invitation is not the examination time, but the order will be determined in the course of the day. Please reserve seven hours of time for the visit. **Refrain from eating and drinking for six hours prior to the examination. Do not smoke in the morning of the examination day.**

Medication

Take the heart, blood pressure and asthma medicines prescribed for you, unless advised otherwise by your doctor, with a small amount of liquid (at most half a glass).

If you have insulin-treated diabetes, the general guideline is that 2/3 of the long-acting insulin in the morning may be injected and the short-acting (mealtime) insulin should not be taken that morning. If your illness requires rigorous balance, please get in contact with the nurse or doctor treating your diabetes.

If you are using blood thinning medication (e.g. Plavix, Pradaxa, Marevan, Xarelto, Eliquis, Brilique), contact the Pulmonary Diseases Outpatient Clinic in advance on 03 311 63165. The use of acetylsalicylic preparations (e.g. Primaspan, Aspirin) may be continued until the bronchoscopy.

Take a _____ break from _____ medication.

Performance of a bronchoscopy

If you wish you may receive sedative medication before the examination. The pharynx and airways are anaesthetized with lidocaine solution. The examination is performed with a flexible endoscope either via the nose or mouth. The procedure lasts 10-30 minutes. Sedatives may be used as needed during the procedure.

Getting home

After the examination you will rest in the observation room for 1-2 hours. You may usually leave for home in the afternoon. You must fast for two hours after the examination. Driving a car on the day of the examination is only possible if no sedatives have been used. You will obtain sick leave for the day of examination.

Post-examination symptoms

Mild haemoptysis or a passing rise of temperature may occur during the day of the examination. More serious post-examination symptoms manifested at home are very rare. If you have heavy haemoptysis, shortness of breath, chest pain or other similar symptoms or if you experience a high fever, it is advisable to get in contact with the Tays (Tampere University Hospital) First Aid Unit Acuta, or your regional hospital emergency room.

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[The Tays website has a description of the treatment path of a patient for whom the bronchial procedure is performed.](#)

www.pirha.fi - asiakkaalle – hoitopolut -keuhkotoimenpidepotilaan hoitopolku (in Finnish).